

## Zeitplan DSMM

Zeit	Lauf	Hoch	Weit	Kugel	Ball	Speer
13:00	50 m - M10/11	A1: W14/15 A2: M12/13			W12/13 200 g	
13:30	50 m - W10/11		M10 + M11 A1: Grp. 1 A2: Grp. 2			
13:45					M12/13 200 g	
14:00			W10 + W11 A1: Grp. 1 A2: Grp. 2			
14:15	75 m - W12/13					
14:30		A2: W12/13		W14/15 M14/15	W10/11 80 g	
15:00	75 m - M12/13		W12 + W13 A1: Grp. 2 A2: Grp. 3			
15:15	100 m - M14/15					
15:30	100 m - W14/15				M10/11 80 g	
15:45	60m Hü - M12/13					
16:00	60m Hü - W12/13	A1: W10/11 A2: M10/11	M12 + M13 A1: Grp. 2			W14/15
16:20	80m Hü - W14/15					
16:30	4x50m - W10/11		A1: W14/15 A2: M14/15			
16:45	4x50m - M10/11					
17:00	4x75m - W12/13					
17:15	4x75m - M12/13					
17:30	4x100m - W14/15					
17:45	4x100m - M14/15					
18:00	800 m - W10/11 M10/11					
18:20	800 m - W12/13 M12/13					
18:40	800 m - W14/15					
19:00	800 m - M14/15					