

Zeitplan DSMM

Zeit	Lauf	Hoch	Weit	Kugel	Ball	Stab	Diskus	Speer
13:00	50 m - M10/11	A1: W14/15 A2: M14/15			W12/13 200 g			
13:30	50 m - W10/11		M10 + M11 A1: Grp. 1 A2: Grp. 2					
13:45					M12/13 200 g			
14:00		A1: M12/13	W10 + W11 A1: Grp. 1 A2: Grp. 2				M14/15 W14/15	
14:15	75 m - W12/13							
14:30		A2: W12/13		W14/15 M14/15	M10/11 80 g			
15:00	75 m - M12/13		W12 + W13 A1: Grp. 2 A2: Grp. 3					
15:15	100 m - M14/15				W10/11 80 g			
15:30	100 m - W14/15	A1: W10/11 A2: M10/11				M14/15		
15:45	60m Hü - M12/13							
16:00	60m Hü - W12/13		M12 + M13 A1: Grp. 2 A2: Grp. 3					M14/15 W14/15

16:15	80m Hü - W14/15							
16:20	80m Hü - M14/15							
16:30	4x50m - M10/11		A1: W14/15 A2: M14/15					
16:45	4x50m - W10/11							
17:00	4x75m - W12/13							
17:15	4x75m - M12/13							
17:30	4x100m - M14/15							
17:45	4x100m - W14/15							
18:00	800 m - W10/11							
18:15	800 m - M10/11							
18:30	800 m - W12/13							
18:40	800 m - M12/13							
18:50	800 m - W14/15							
19:00	800 m - M14/15							